



Version Control

1.0	Initial version	29 th March 2021
1.1	Updated using current experience and scientific research and latest government guidance, step 3 and 22 nd June	2 nd July 2021
2.0	Updated after government guidance, step 4	19 th July 2021
2.1	Data security information added	7 th October 2021
3.0	Updated in response to significantly increased case prevalence plus clearer advice, based on experience gained	20 th January 2022
4.0	Updated to recognise removed government guidance, player feedback and clarity	9 th March 2022
5.0	Updated to recognise LFTs not being available free of charge	1 st April 2022

Guidance Document – Covid Procedures

Version 5.0

Introduction

In March 2020, The Wheelchair Football Association took the decision to cease all powerchair football activity until further notice due to COVID-19. This document outlines guidance and advice on the return to powerchair activities and has been developed alongside FA guidance and the latest government guidance.

The WFA established their 'Return to Powerchair Football' roadmap, providing an overview of each step to explain how a return to activity is envisaged in a phased process.

It is also important to note that whilst Government guidance regarding COVID-19 is continuously evolving and being published, The WFA will only move steps in our roadmap following careful consideration and professional counsel with specific reference to our sport and its participants.

Previous government guidance meant that, we were able to permit activity up to Stage 5 of our roadmap at this time. This was due to the current government exemption on numbers of people able to participate in an indoor sporting activity. However, feedback from our community has played a key role in decision making to this point, therefore, activity was permitted as of 29.3.21 to include:

- Playing powerchair football individually
- Training activities in small groups, maintaining 2m separation at all times working on movement and technical skills (full games with contact are not permitted).
- Enabling events where the guidance and risk assessment is accepted by all those taking part.

Updated government guidance, step 3 and June 22nd identified that organised indoor sport must adhere to the relevant capacity restrictions for indoor sport facilities including allowing a minimum of 100 sq ft (9 sq. metres) per person for all people in the venue.

This number is **inclusive** of players, coaches and parents/personal attendants. This is in order to provide clubs with the flexibility to establish group numbers of their choice, dependent on the needs of their players and their club as a whole.

On 19th July 2021, the government and FA removed gathering limits. However, The WFA recommends keeping numbers present to a minimum, using the 100 sq ft per person as a guide, based on the needs of The WFA community and feedback received from our membership on an initial return to activity.

On 2nd July 2021, having had several weeks of using the guidance / risk assessment and using further understanding of infection incidence, testing availability and scientific research the guidance (version 1.1) was updated (but not issued) in the following areas:

- Testing
- Continuous surveying of players
- Shouting
- Ventilator and cough assist use

On 19th July 2021, the government's step 4 relaxations of Covid restrictions were introduced. Likewise, the FA guidance is also relaxed accordingly. Whilst almost all mitigations are no longer legally enforceable, wording still exists in government documents about advising continued restrictions for clinically extremely vulnerable people and at events where there is high risk [meaning both likelihood and impact] of infection transmission. Also, the FA are still advising precautions are continued.

The July version, in addition to existing mitigations, in response to the increasing prevalence of cases in the public environment, there will be a need to provide EITHER a NHS Covid Pass showing double vaccination OR a negative lateral flow test result.

In January 2022, after many months of implementation of WFA guidance, some areas have been updated to reflect this. Some clarifying of language and distinction between clubs and events responsibilities has been done.

In the last weeks of 2021 a massive surge of cases in the public environment caused by the Omicron variant of the virus and continuing government apathy and lack of concern for vulnerable groups. The sub-committee met and agreed changes, the main need being the requirement for mandatory negative LFT result confirmations.

Much of the guidance is not legally enforceable and not within current FA or government guidance. However, The WFA constitution states the WFA is responsible for the organising and delivery of the sport of Powerchair Football. All registered and mandated members must adhere to these mitigations. The result of not doing so will be that an event or training organiser will deny access to such individuals.

On 24th February 2022, the government removed all legal, domestic Covid restrictions. Therefore, in version 4.0, items that relied on government and FA documentation are removed and are now explicitly written. The criteria for referees removing masks has been added and clarity on household member infection and consequence of breach is added.

The WFA still ask that clubs, events' organisers and individuals be aware and implement the government advice that reduces risk of infection.

On 1st April 2022 the government removed the general availability of LFT test kits free of charge. They continue to be free only for over 75's, older care home residents and those with reduced immune systems.

A full explanation for The WFA position is included in either a covering justification or advanced notification letter, that is to be read in conjunction with this guidance document.

This guidance has been produced for all members of WFA affiliated powerchair football clubs – club officials, coaches, players, parents and personal assistants in relation to powerchair football activities.

When preparing for a tournament, the event Covid officer / organiser shall use the same guidance as for training sessions, but shall co-ordinate with venue and liaise with all clubs participating to ensure acceptance and adherence.

Any questions about the implementation of this guidance should be made to admin@thewfa.org.uk

DISCLAIMER:

This guidance is for general information only and does not constitute legal advice, nor it is a replacement for such, nor does it replace any PHE advice; nor does it provide any specific commentary or advice on health-related issues.

Affected organisations should therefore ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to implementing any re-opening plan, as required. Independent legal advice should be sought, as required and depending on your, or relevant circumstances.

While efforts have been taken to ensure the accuracy of this information at the time of publication, the reader is reminded to check the Government website to obtain the most up-to-date information regarding Government measures.

The Wheelchair Football Association accept no duty of care or liability for any loss occasioned, whether caused by negligence or otherwise, to any person acting or refraining from actions as a result of any material in this guidance. We would strongly recommend that you consult professional advisors on specific issues before acting or refraining from action on any of the contents of this guidance.

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Guidance – BEFORE activity begins

Clubs and Events and all Individuals Attending

- Clubs must ensure they are affiliated to the WFA and to their county FA and have their insurance documents in place before any return to activity.
- All clubs and events must appoint a COVID-19 officer who will lead on the planning for your return to activity. The key duties of the COVID-19 Officer are to ensure COVID-19 protocols are followed during sessions in accordance WFA guidelines. (See Appendix B for a COVID-19 officer role description)
- The COVID-19 officer must also undertake a risk assessment to reduce any foreseeable risks for activity at the venue, incorporating other club members if required.
- Liaise with the venue on the Covid-19 procedures that they have in place. You can request confirmation of all relevant risk assessments that have been carried out and request details of any specific risks associated with your club. Considerations include:
 - Entry and exit from venue
 - Toileting provision
 - Any changes to venue heating & ventilation systems
 - Access to disabled parking spaces if the venue is considering limiting car parking spaces.
- The Covid Officer shall maintain a register for all attendees, including contact information and appropriate data necessary for attending a club session or event. For an event, the participating club Covid officer is responsible for maintain the information for all its attending individuals. For an event, the participating club's Covid officer shall send an attendee list to the event Covid officer, also indicating the Covid confirmation data for each individual.
- Continuously consult with and provide clear communication with all members of your club about the steps you have taken to make your session(s) safe. This will allow them to familiarise themselves with your new procedures before entering the session. This could also include your expectations of parents/personal attendants when they arrive at your venue.

- Gain written consent from all club members on their involvement in any activity, either via a written consent form or email trail (Appendix A) before they return to powerchair football activity. With increasing infections and uncertainty over new variant viral strains, clubs shall pro-actively and regularly survey their membership to ensure that consent is still valid. New consent shall be gained after every change to the WFA procedures.

(To encourage participants to give consent that they understand the processes being put in place to ensure their safety, as well as their responsibilities to ensure their own safety as well, The WFA advise this takes place.)

- All individuals to undertake a self-assessment immediately prior to attending powerchair football activity for any COVID-19- symptoms. No-one should leave home to participate in powerchair football activity if they, or SOMEONE THEY LIVE WITH, has any of the following:
 - A high temperature (above 37.8°C);
 - A new, continuous cough;
 - A loss of, or change to, their sense of smell or taste.
 - Returned a positive SARS-CoV-2 (COVID-19) test result
 - Waiting for a SARS-CoV-2 (COVID-19) test result

As stated above, if, at the time of self-assessment, a household member positively tests for covid, is waiting for a result or has symptoms, then an individual must not attend a session or event. If prior to a session or event, a household member exhibits these signs, then the individual must, self-isolate, undertake daily testing and may attend if they return negative LFT results in the two days prior to a session or event.

Individuals may attend activity and events if they return a negative LTF result, taken as close as possible to an event, e.g., the morning of a National or Regional league event, even though they may be awaiting the result of a PCR test, assuming they are not showing any symptoms stated in the self-assessment declaration

An individual must may only return to activity after contracting a Covid infection when they have returned a negative LFT (Lateral Flow Test) result on two consecutive days prior to a session or event.

Public Health information has always supposed that individuals are no longer likely to be infectious after day 10 of a Covid infection, and residual protein may still cause a positive test result. Individuals can return to activity and events after day 10 of a continuous infection, even if a faint line is still visible, providing they continue to wear a mask. Inform the Covid Officer prior to the session or event of such a scenario and provide evidence of the date of initial infection.

In addition to the above:

1. It is strongly recommended to provide evidence of their vaccination status. Evidence will be accepted in the form of a screenshot or pdf download from your NHS COVID Pass on the NHS App or a copy of the English vaccination letter. A vaccination card will not be accepted.

For more information on how to collect the required evidence, please visit <https://www.gov.uk/guidance/demonstrating-your-covid-19-status>. In order to provide booster vaccination status, the "Travel" option must be selected, which provides a written copy of vaccination status. The evidence of vaccination status is to provide confidence that the vast majority of attendees are vaccinated. It is sufficient that at events, team Covid officers can make a declaration of individuals vaccination status.

2. For maximum safety of the vulnerable community, it is strongly recommended that all individuals shows confirmation of a negative Lateral Flow Test (LFT) Result. To complete the test you will need to follow the simple instructions included within the home test pack and input your results via <https://www.gov.uk/report-covid19-result>. You will receive an email or text from the NHS which is the only acceptable confirmation of returning a negative result. You should complete the LFT as close as possible to attending the session, on each day of a multi-day event and shown to the club / event Covid officer. The reason for the testing requirement is that it (i) contributes to a lower risk to the community and (ii) the "Delta" and "Omicron" variants' symptoms include sore throat and runny nose, thereby adding to the ambiguity of Covid symptoms.

This check should be done before each training session / event and must be recorded in regular risk assessments or checklists and it is important to note that no training session or event shall take place without this having been done.

AND

3. MANDATORY. A MASK MUST BE WORN AT ALL TIMES.

If an individual is exempt for medical reasons, or a player chooses not to wear a mask, or a referee is given teams' approval not to wear a mask, THEN THEY MUST RETURN A NEGATIVE LFT RESULT (the test must be taken as close as possible to the start of each day of the event, ideally the morning of each day of the event).

Data Security:

Vaccination Status document and LFT result confirmation hold limited personal identifiable information; name and date of birth. The intent of providing the information is to show a valid NHS-sourced vaccination status or negative LFT result, both in preparation for an event and post-event, should an incidence of Covid-19 require investigation. The session / event Covid Officer shall not use a QR code reading device. In providing the evidence for a session / event, an individual may obscure only personal identifiable information, such as date of birth, including the 2D QR code, as long as the validity of the document remains identifiable and refers to a named individual. The individual must be able to provide the original document in any post-event investigation. The Covid Officer is responsible for data security under GDPR. It is recommended that data collected by the Covid Officer is deleted three (3) weeks after its final use.

Prior to a competitive event, each team's contact person shall inform the event organiser whether or not their team wish to request the referee of a match in which they are involved, to remove their mask. If both teams and the referee agree, then the referee may, upon their own discretion, remove their mask for the active playing period of the match.

THIS REGULATION IS FOR THE SPECIFIC BENEFIT OF IMPROVED REFEREE/PLAYER COMMUNICATION IN A CONTROLLED WAY, DURING A MATCH AND DOES NOT REMOVE THE GENERAL OBLIGATION THAT EVERY ATTENDEE WEARS A MASK AT ALL TIMES.

- Ask participants to arrive shortly before the session starts and depart promptly when it finishes.
- If you collect money from your members, payment for sessions should be made online or via contactless card payment where possible to avoid handling of cash.

Coaches

- Consider whether timings of your sessions need to change
- Establish your initial groupings if you have multiple sessions to deliver and communicate this to your members.
- Plan sessions that feature activities that maintain 2m distancing, if possible
- Be sensitive to player/parent concerns regarding a return to activity. We advise against encouraging players to return to activity if they do not feel confident to do so.

- Coaches must have an in-date FA DBS check and FA safeguarding certificate.
- Coaches must travel to the venue on their own or with members of their own household or support bubble where applicable. Please remember there should be no car-sharing with anyone outside your household or support bubble at this time.

Players, Parents and Personal Assistants

- Ensure you are aware of the changes made at your club, following the guidelines provided by The WFA.
- For parents, you or your child may be anxious or unsure whether to resume previous activities, such as football. Please only support their return to powerchair football activity when they feel confident to do so.
- Parents to provide consent to your club that you/your child is happy to return to activity and you are aware of the changes made. New consent shall be given after every change to the WFA procedures.

Guidance – AT & DURING activity

Clubs and Events and All Individuals Attending

- Complete a register of attendance, inclusive of parent/personal attendants.
- All personnel to wear masks. If an individual is exempt for medical reasons, or a player chooses not to wear a mask, or a referee is given teams' approval not to wear a mask, THEN THEY MUST RETURN A NEGATIVE LFT RESULT (the test must be taken as close as possible to the start of each day of the event, ideally the morning of each day of the event.)
- Provide hand sanitiser for members and encourage people to bring their own as good hygiene practice.
- Provide a bin for the disposal of any PPE equipment after activity.
- Establish a designated area/areas in the venue for individual players to transfer into their playing chair and keep belongings, 2m distanced from the next area.
- At events, whether designated areas for participating teams are provided as separate rooms or floor spaces, adequate signage must be used to avoid the possibility of inappropriate mixing.
- Allocate a specific area for the use of a club hoist for operation away from others. It should also be disinfected between uses.
- Club equipment and club chairs should only be manoeuvred by club coaches into the venue, wearing gloves. Chairs should then only be manoeuvred by club coaches again once the player has left the venue.
- If club equipment, i.e. chairs, are used by more than one player, the chair must be wiped down before it is used by another player.
- If a venue being used, is a public sports centre then use measures to avoid mixing with the public. For example; have separate entrance/exit, stagger start and finish times to allow potential Covid aerosols to disperse, do not use communal areas.
- Ventilation shall be used to disperse aerosols as much as practicably possible. This may be by the use of extractions fans or opening doors and windows. In cold weather,

ventilation can be used alternately with heating, but the absence of all ventilation must be agreed with the players.

- Non-essential individuals shall not attend training sessions or events.
- For teams that stay overnight in hotels at multi-day events, try to maintain the main Covid mitigations
- See Appendix C for the background and guidance on the use of aerosol generating procedure equipment.
- A recent BMJ (British Medical Journal) report has indicated that NIV and cough assist equipment should not be attributed as “aerosol generating procedures”, there being no excessive aerosol generation over normal breathing or coughing whilst wearing a mask. Public Health England has been told and advised to withdraw the current guidance in care environments, from which The WFA has used as reference guidance. As such, adherence to Appendix C is discretionary for clubs and events.
- If both teams and the referee agree, then the referee may, upon their own discretion, remove their mask for the active playing period of the match.

THIS REGULATION IS FOR THE SPECIFIC BENEFIT OF IMPROVED REFEREE/PLAYER COMMUNICATION IN A CONTROLLED WAY, DURING A MATCH AND DOES NOT REMOVE THE GENERAL OBLIGATION THAT EVERY ATTENDEE WEARS A MASK AT ALL TIMES.

Coaches

- Check into your activity using the NHS COVID-19 app.
- Coach to wear a face mask in the venue during the setting up and delivery of activity.
- Club chairs should only be manoeuvred by club coaches into the venue, wearing gloves.
- Only coaches handle equipment to set up for the delivery of activity.
- Encourage the sanitising of hands before & after the handling of equipment, inclusive of tools for chairs.
- Only coaches to handle footballs and footballs are to be sanitised before and after activity.

- Shouting should not be used as a method of communication unless in case of an emergency or immediate danger. The use of a microphone is a viable alternative if there is a need to do so. Experience has found that coaches in particular are inadvertently shouting. A personal or wireless PA system must be used.
- Communicate with players from a distance of at least 2m at all times.
- It will take time for players yet to return, to reach the playing standard they were at pre-lockdown. All coaches must be mindful that this will take time and support accordingly.

Players, Parents and Personal Assistants

- Players should be accompanied to training sessions by only one parent/guardian or personal assistant unless they require more than one individual due to personal circumstances. If players require more than one parent/guardian or personal assistant to accompany them to sessions, then the Covid officer should be notified in advance.
- Players, parents and personal assistants are not to touch any equipment other than their own.
- Maintain a distance of at least 2m at all times, except during play.
- Use hand sanitiser upon entering the hall.
- Parents/personal attendants to wear a face mask if they remain in the venue during the activity. See page 11 for exemptions.
- Players to wear a mask/visor where possible. See page 11 for exemptions.
- Players to maintain at least 2m separation during any break in activity.
- If a player becomes ill during a session, they should leave the session and go home as soon as possible.
- It will take time for players yet to return, to reach the playing standard they were at pre-lockdown. All parents must be mindful that this will take time and support accordingly.
- Non-essential parents/personal attendants to leave the playing venue during activity to maintain reduced numbers.

Guidance – AFTER activity

- Encourage a prompt exit from the venue, maintaining 2m distancing.
- Use sanitiser before leaving.
- Parent or personal assistant to return player equipment to club storage area or vehicle for loading if it does not travel with them.
- Coaches, parents or personal assistants to pack up equipment at the completion of activity and sanitise appropriately.
- Clubs should keep a register of attendance for a minimum of three weeks after the sessions to contact members if somebody who attended the session tests positive for COVID-19.
- If members develop any coronavirus symptoms (a new continuous cough, a high temperature or loss/change of sense of smell or taste) within 7 days of attending a powerchair football session, they should notify their COVID-19 Officer immediately. Individuals should seek a test promptly and follow the NHS Track and Trace procedure (<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>).
- The COVID-19 Officer should contact everyone who attended that session to advise them that an individual within the group has reported symptoms and that they should self-isolate.
- All have their responsibilities, not only internally as a club, but also to the wider powerchair network and family of clubs. It is important to follow The WFA guidance for the safety of the community. The Covid sub-committee has spent many hours discussing how to ensure the community are as safe as possible. Numerous positive comments have been received, leading to increasing individual confidence to return. Breaches of the regulations can quickly negate their work and reduce confidence and this is something The WFA is really keen to avoid.
- The WFA cannot accept any disregard of this guidance, whether intentional or not. Ignorance or lack of awareness is not justifiable in a situation whereby an environment has been created in an attempt to make it as safe as possible for all attending to come and enjoy their football. Any breach of this guidance may attract a fine. Each case will be considered appropriately, any outcome being decided by the Covid sub-committee and authorised by The WFA Executive Committee.

Guidance – Safeguarding

- Safeguarding protocols must be strictly adhered to at all points of planning and delivery. Clubs are responsible for continuing to ensure the environment is safe and implement your safeguarding procedures.
- It is essential that consent is secured from all players prior to a return to activity.
- Whilst some members of the community may have coped well during lockdown, others may not have and their initial experiences outside may have been very difficult. This must be considered when players initially return to activity.
- Please check in with your players to see how they are doing and how they have been coping.
- If you have any major concerns there are different options available for you to report them:
 - To your club welfare officer
 - To your county FA designated safeguarding officer
 - By emailing The FA Safeguarding Team at safeguarding@TheFA.com
 - If urgent and you cannot contact your club, league or county FA designated safeguarding officer, you should call the NSPCC 24-hour helpline on 0808 800 5000
 - If it is an emergency because a child or children are at immediate risk, then call the Police on 999.

Appendix A

Consent from Players, Parents and Personal Assistants

The safe return to sport for the powerchair football community is a priority for all of us. Clubs must secure consent from players under the age of 18 and it is strongly advised to secure consent from those 18 and above.

It is an individual's choice whether they return to powerchair football based on their own assessment of their individual risk, upon the advice and guidance of their GP, and ultimately whether they are comfortable and happy to do so.

Clubs need to decide how they retain a record of those who have given consent (e.g. retain email, log consent form).

Clubs may wish to create their own form or to use an example such as **FA safeguarding Guidance Notes 8.2** or gain consent via email.

Example Email consent message

If consent is sought via e-mail, clubs will need to ensure they use wording such as (delete as appropriate):

CLUB NAME requires consent / parental consent before you / your child takes part in any powerchair football activities.

By replying to this e-mail and stating "I consent to take part / I consent for my child to take part", you are confirming that you have read and understood the activities being offered to you / your child and agree with the measures the club has put in place to manage any risks, including its COVID-19 measures in line with current WFA guidance.

I confirm I have read and understood the guidance and am aware of my requirements

A copy of the club's risk assessment/management documentation (can be found here/is attached to this email).

If you wish to withdraw consent to participating/your child participating in any or all activities, please notify (Name of Club COVID Contact) in advance, or as soon as possible.

Appendix B

COVID-19 Officer Job Description

- Keep up to date with COVID-19 guidance from The to ensure the club is compliant.
- Liaise with your session venue to gather information on the venue's COVID-19 guidance to ensure sessions adheres to this.
- Complete a COVID-19 risk assessment for each session, identifying and managing any risks
- Work with the club committee and club coach(es) to ensure that sessions follows the current guidance.
- Collect and safely store completed risk assessments.
- Ensure all players, coaches, personal assistants, and parents attending sessions understand the COVID-19 guidelines at your club.
- Collect and safely store contact details of all players, coaches, personal assistants, and parents who attend each session.
- Manage session delivery and movement within the sports hall to ensure that group sizes are acceptable and 2m distancing is always maintained.
- Work with the Club Welfare Officer to ensure safeguarding policies and procedures are applied.
- Adhere to GDPR
- Delete data collected three (3) weeks after its final use.

All players, coaches, parents and personal assistants have a responsibility to notify the COVID-19 Officer should they get symptoms of COVID-19. The individual should seek a test promptly and follow the NHS Track and Trace procedure.

The COVID-19 Officer should contact everyone who attended that session to advise them that an individual within the group has reported symptoms and that they should self-isolate. If the individual is a coach who has led additional sessions, all participants in these sessions need to be contacted.

Appendix C

The use of Aerosol Generating Procedure Equipment

- PHE defines Non Invasive ventilation as an aerosol-generating procedure and has produced guidance as to how this should be managed in a health-care setting.
- Increased aerosol production increases the likelihood of aerosol-borne infections, such as COVID-19, being spread *where such infection is present*.
- **Medical evidence published in the BMJ shows that non-invasive ventilation does not produce more aerosols than normal breathing. However, after lobbying, PHE guidance has not yet recognised this and also does not clarify how this compares to singing, shouting or breathing heavily during able-bodied exertion such as badminton, gym-work etc. Accordingly, the guidance for the use of ventilators is now discretionary.**
- PHE categorises individuals as being on low, medium or high-risk care pathways in relation to COVID-19, in healthcare settings. For clarity, high-risk individuals are those who do not meet the pre-activity self-assessment requirements and should *not* attend the session
- Low-risk** individuals are categorised as those who have shielded or isolated themselves and have had no COVID-19 contacts or symptoms. Due to their own vulnerability, ventilator-users are most likely to fall into this category. In addition to the pre-activity self-assessment, ventilator users shall also determine their risk category.
- If individuals are low-risk, additional protection surrounding the use of aerosol-generating procedures are not considered necessary beyond 2m distancing and general transmission reduction measures as stated in section 4 of “COVID-19 infection prevention and control guidance: low risk pathway - key principles”, 16/09/2020. Only low-risk individuals can play football while using a ventilator. Necessary mitigation for medium-risk individuals is to moderate their behaviour to become low-risk. Alternatively, all other participants could comply with full PPE regulations.
- Common sense dictates that it is sensible to maximise distance from ventilator-users and players/playing area while they are not playing.
- Medium-risk*** players must use ventilators in a separate room from other players.
- Clubs must identify players who use ventilators in their club, and whether they use them to play. Players must be reminded of their responsibility to other players, coaches etc in limiting social activity away from the sport.

- High-pressure aerosol generating activities such as cough-assistance must take place in separate room from others, or ideally, outside.

The following criteria are adapted from PHE definitions for clinical care settings as defined in the “COVID-19 infection prevention and control guidance: low risk pathway - key principles”, 16/09/2020 and “COVID-19 infection prevention and control guidance: medium risk pathway - key principles”, 16/09/2020.

**** Low-risk:**

- a) Individuals self-assessing as having no COVID-19 contacts or symptoms who have isolated/shielded

AND

- b) individuals who have a negative SARS-CoV-2 (COVID-19) test result within the previous 72 hours and, have self-isolated since the test date

OR

- c) individuals who have recovered from COVID-19 AND have had at least 3 consecutive days without fever or respiratory symptoms AND a negative SARS-CoV-2 test result

OR

- d) individuals in a facility where testing is undertaken regularly (remains negative)

***** Medium-risk:**

- a) individuals who are asymptomatic and are waiting a SARS-CoV-2 (COVID-19) test result and have no known recent COVID-19 contact

OR

- b) individuals in any care facility where testing is not required or feasible on asymptomatic individuals and therefore infectious status is unknown

OR

- c) asymptomatic individuals who decline testing in any care facility

Hospital Visits

Due to the high risk of hospital acquired COVID-19 infection, any player, coach, parent or personal attendant attending A&E or spending time in hospital as an inpatient should not meet to participate in football activity unless they have returned negative LFT results in two consecutive days prior.